• What are the similarities between Cain and yourself that you and your parents have identified:

• List at least 5 things you have learned from reading about how Cain dealt with problems, handled his anger and dealt with his sin:

• Read Proverbs 16:32. Memorize it with your parents this week. Be ready to quote it at our next appointment.

• Have your parents sign below indicating that they worked together with you on this handout:

________________________________________________ ________________________________________________
WHAT TO DO:

• Schedule a time to sit down with your parents and work through this sheet.
• Read Genesis 4:1-15 together.
• Answer the questions together.
• Discuss the back page with your parents

• List 4 reasons why Cain became angry. Study who he is and why he might have responded the way he did.

• Identify at least 3 motives Cain may have had to kill his brother, Abel.

• Describe in at least 2 sentences how Cain’s emotions affected him physically:

• Read verse 7. What was the way that Cain would be affected by becoming repentant of his anger? What was the way that Cain would be affected by staying unrepentant of his anger?

• What decision did Cain make from the options that God gave him?

• What were the consequences of his choice? (v.8)

• List at least two ways that Cain responded when confronted with his sin:

• What questions do you have, if any, from reading Genesis 4:1-15?